



The monthly bulletin of
Holy Trinity
Serbian Orthodox Church
 St. Paul, Minnesota

The Word

Volume 22

Issue 3

www.holytrinityserbian.org

“And let them make Me a sanctuary, that I may dwell among them”

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ↔	2 ↔	3 ↔ 6PM Presanctified Liturgy— Predjeosvecena Liturgija	4 ↔	5 ↔ 5PM Akatist Bogorodici - Prayer to Holy Mother of God	6 ↔ 10AM Rochester Liturgija 5PM Vespers
7 ↔ 10AM Liturgy	8 ↔	9 ↔	10 ↔ 6PM Presanctified Liturgy— Predjeosvecena Liturgija	11 ↔	12 ↔ 5PM Akatist Bogorodici - Prayer to Holy Mother of God	13 ↔ 5PM Vespers
14 ↔ 10AM Liturgy	15 ↔	16 ↔	17 ↔ 6PM Presanctified Liturgy— Predjeosvecena Liturgija	18 ↔	19 ↔ 5PM Akatist Bogorodici - Prayer to Holy Mother of God	20 ↔ 5PM Vespers
21 ↔ 10AM Liturgy	22 ↔	23 ↔	24 ↔ 6PM Presanctified Liturgy— Predjeosvecena Liturgija	25 ↔	26 ↔ 5PM Akatist Bogorodici - Prayer to Holy Mother of God	27 ↔ 2P-4P View the Dead Sea Scrolls <i>Reservations Required</i> 5PM Lazarus Saturday Vespers with Procession around Church
28 ↔ 10AM Liturgy	29 ↔	30 ↔	31 ↔ 6PM Presanctified Liturgy— Predjeosvecena Liturgija			

Church Office
651-641-0828

Fr. Ljubomir Krstić
H: 651-773-5996
C: 815-543-6170

Board President
 Nebojsa Vukomanovic
 651.731.3222

Choir Director
 Caron Pjanić

Sunday School
 Tanya Troska

Kolo Sisters
 Nada Filipovich

Morava Dance Group
 Mira Jurich



Please pray for the health and recovery of...

Ann Balach
Nada Milosevic
Alexis Trbojevich

Confessions by appointment but NEVER before Sunday Liturgies
(accept for the elderly and ill).

Please call Fr. Ljubomir

Lent, a time to fast...a time to feast

Fast from judging others; feast on Christ dwelling in them.
Fast from emphasis on differences; feast on the unity of all life.
Fast from words that pollute; feast on phrases that purify.
Fast from discontent; feast on gratitude.
Fast from anger; feast on patience.
Fast from pessimism; feast on optimism.
Fast from complaining; feast on appreciation.
Fast from negatives; feast on affirmatives.
Fast from hostility; feast on non-resistance.
Fast from bitterness; feast on forgiveness.
Fast from self-concern; feast on compassion for others.
Fast from discouragement; feast on hope.
Fast from lethargy; feast on enthusiasm.
Fast from suspicion; feast on truth.
Fast from thoughts that weaken; feast on promises that inspire.
Fast from idle gossip; feast on purposeful silence.
Fast from problems that overwhelm; feast on prayer that sustains.

Kolo Sestara News

Holy Trinity Serbian Orthodox Church will once again be hosting MEOCCA Vespers on March 7th this year, and Sisters Kolo will be preparing a great Lenten meal following prayers. We would like to encourage anyone with the means and time to come help us this evening. We are in need of bakers who can make a chocolate Lenten cake, or others who may be able to prepare beans. But, please contact Kolo President: Nada Filipovich to coordinate so that we do not have too much of good thing and not enough of something else. We would also graciously accept any donations to the cost of the food and/or supplies used this day from those who are able to give. But less not forget, your time and talent are equally important to the mission of Sestra Kolo. So, if you have time to spare and are able-bodied, we can always use help with preparations, serving and cleaning.

Our next Kolo meeting is scheduled for March 21st. We would like to encourage Sisters; young and old, to come and made your voices heard; lend your suggestions and ideas; volunteer your time and talents to our upcoming initiatives, and just get involved. Holy Trinity needs Sestra Kolo - they are a very important part of our church and our church's mission... and, Sestra Kolo needs you!

Nada Filipovich | (651) 307-9651

LENTEN PRAYER OF ST. EPHRAIM THE SYRIAN

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience, and love to Thy servant.

Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages. Amen

МОЛИТВА СВЕТОГ ЈЕФРЕМА СИРИНА

Господе и Владико живота мога, дух лености, мрзовоље, властољубља и празнословља, не дај ми.

Дух целомудрености, смиреноумља, трпљења и љубави даруј ми, служи Своме.

О, Господе Царе, даруј ми да сагледам грехе своје и да не осуђујем брата свога, јер си благословен у векове векова. Амин.

Psalm 50 (51)

As a Orthodox Christians we are bound to pray at all times, especially during the Great Lent. This 50th Psalm is ideal to read at any time day or night (before you go to bed maybe?) considering our busy lifestyle. So let's not allow our shortage of time to distance us from prayer and God.

Have mercy upon me, O God, according to Your great mercy; and according to the multitude of Your compassion, blot out my transgression. Wash me thoroughly from my iniquity, and cleanse me from my sin. For I acknowledge my iniquity, and my sin is ever before me. Against You, You only, have I sinned, and done evil in Your sight, that You may be found just when You speak, and victorious when You are judged. For behold, I was born guilty, a sinner when my mother conceived me. For behold, You have loved truth; You have made known to me the secret and hidden things of Your wisdom. You shall sprinkle me with hyssop, and I shall be made clean; You shall wash me, and I shall be whiter than snow. Make me to hear joy and gladness, that the afflicted bones may rejoice. Turn Your face away from my sins, and blot out all my iniquities. Create in me a clean heart, O God, and renew a steadfast spirit within me. Cast me not away from Your presence, and take not Your Holy Spirit from me. Restore to me the joy of Your salvation, and establish me with Your governing Spirit. I shall teach transgressors Your ways, and the ungodly shall turn back to You. Deliver me from bloodguiltiness, O God, the God of my salvation, my tongue shall joyfully declare Your righteousness. Lord, open my lips, and my mouth shall declare Your praise. For if You had desired sacrifice, I would give it; you do not delight in burnt offerings. A sacrifice to God is a broken spirit; God will not despise a broken and a humbled heart. Do good in Your good pleasure to Sion; and let the walls of Jerusalem be built. Then You shall be pleased with a sacrifice of righteousness, with oblation and whole burnt offerings. Then they shall offer bulls on Your altar.

Bishop Atanasije serves in Pristina on St. Theodore Saturday

On St. Theodore Saturday His Grace Bishop Atanasije, Administrator of the Diocese of Raska and Prizren, served in the newly restored church of St. Nicholas in Pristina with the concelebration of a number of priests from the Diocese of Raška and Prizren and other Dioceses of the Serbian Orthodox Church, including the hegumen of Studenica Monastery, archimandrite Tihon; the hegumen of Tvrdoš Monastery, archimandrite Sava; deacon Radoš from the Diocese of Žiča and others. This is the first liturgy served in St. Nicholas Church since March 2004 when the church was torched. About 250 faithful from Pristina and various parts of Serbia attended the liturgy, most of them taking communion, including several Serbian children from Priština, who actively assisted during the Liturgy. Bishop Atanasije delivered a homily on the feast of St. Theodore, as well as on the celebration tomorrow of the feast of the Sunday of Orthodoxy. The festive celebration of this feast day will be held tomorrow in the Orthodox Cathedral of St. George in Prizren with the concelebration of a number of bishops and priests.

In his homily, Bishop Atanasije said: "We have gathered today to take communion in faith, peace and love, and above all in the Body and Blood of Theantropos Jesus Christ. We need to take communion more often because we are sinful. The thief on the cross, with just one word spoken from the depths of the soul, said: "Remember me, o Lord, when you come into your Kingdom" and the Lord told him that on the same day he would be with Him in paradise, while another thief began to blaspheme Christ.

As Father Justin of blessed memory used to say, it is our great joy that the thief entered heaven first. It means there is hope for us because God came into the world to save us and the world. God will not save us without our participation. We build heaven within ourselves with the help of God but unfortunately, God will not save us if we build a state of hell within ourselves. So do not be intimidated by people speaking of conspiracies, apocalypses, black and red internationales. You must adhere to God and His justice."

After Holy Liturgy in St. Nicholas Church refreshments were served for all who attended. Bishop Atanasije told journalists who were present and filmed the Liturgy that he "would give a press statement only to the children" who gathered around him in the churchyard and told them stories. Liturgy was attended by the head of the Greek office in Pristina, Mr. Demetrios Moishopoulos (the newly appointed Special EU advisor on matters of Serbian cultural heritage in Kosovo). Also present were representatives of the U.S. Office in Priština, which has actively assisted the reconstruction of the church of St. Nicholas and secured funds for furnishing the parish home, as well as representatives of the U.K. Office. The present people of Pristina requested from the Bishop a regular parish priest in Pristina.

After the liturgy in St. Nicholas Church, Bishop Atanasije, together with hegumen Sava of Tvrdoš Monastery and the other priests also visited the unfinished Christ the Savior Church in the center of Priština, where hymns were sung in honor of Christ the Savior.